

# Psychology: 4 Year Plan Worksheet

Bulletin Year: 2026-2027

Consult your advisor regarding proper course sequencing and course selection for the major.  
Suggested sequence, but students often take courses in a modified order.  
Each student is responsible for ensuring they fulfill all graduation requirements.

First Year									
First Semester					Second Semester				
Course Name	Units	Requirement Met			Course Name	Units	Requirement Met		
		Major	Core	Elective			Major	Core	Elective
PSYC 1000: General Psychology <i>EHBV Core</i>	4	✓	✓		PSYC 2001: Statistical Methods <i>FQTR Core</i>	4	✓	✓	
FFYS 1000: First Year Seminar <i>FFYS Core</i>	3-4		✓		RHET 1000: Rhetorical Arts <i>FRTA Core</i>	4		✓	
PHIL 1800: Philosophical Inquiry <i>FPHI Core</i>	4		✓		Studies in American Diversity <i>FDIV Core</i>	4		✓	
Lower Division Elective	4			✓	PHIL 2000: Critical Thinking	4	✓		
<b>Total Units</b>	<b>15-16</b>				<b>Total Units</b>	<b>16</b>			

Second Year									
First Semester					Second Semester				
Course Name	Units	Requirement Met			Course Name	Units	Requirement Met		
		Major	Core	Elective			Major	Core	Elective
PSYC 2002: Research Methods	4	✓			PSYC 2003: Brain & Behavior	4	✓		
THST 1XXX: Theological Inquiry <i>FTHI Core</i>	4		✓		Nature of Science, Tech, and Math <i>ESTM Core</i>	3		✓	
Creative Experience <i>ECRE Core</i>	3-4		✓		Historical Analysis and Perspectives <i>EHAP Core</i>	4		✓	
Lower Division Elective	4			✓	Lower Division Elective	4			✓
<b>Total Units</b>	<b>15-16</b>				<b>Total Units</b>	<b>15</b>			

Third Year									
First Semester					Second Semester				
Course Name	Units	Requirement Met			Course Name	Units	Requirement Met		
		Major	Core	Elective			Major	Core	Elective
PSYC 4001: Cognitive Neuroscience	4	✓			PSYC 4002: Social Psychology	4	✓		
Interdisciplinary Connections <i>IINC Core</i>	4		✓		Ethics and Justice <i>IEJT Core</i>	4		✓	
Faith and Reason <i>IFTR Core</i>	4		✓		Lower Division Elective	4			✓
Upper Division Elective	4			✓	Upper Division Elective <i>(LELM Flag)</i>	4			✓
<b>Total Units</b>	<b>16</b>				<b>Total Units</b>	<b>16</b>			

Fourth Year									
First Semester					Second Semester				
Course Name	Units	Requirement Met			Course Name	Units	Requirement Met		
		Major	Core	Elective			Major	Core	Elective
PSYC 3XXX or 4XXX Elective	4	✓			PSYC 4100: Capstone	4	✓		
PSYC 3XXX or 4XXX Elective	4	✓			PSYC 4XXX Elective	4	✓		
Upper Division Elective	4			✓	PSYC 4195: Senior Assessment	0	✓		
Upper Division Elective	4			✓	Upper Division Elective	4			✓
					Upper Division Elective	4			✓
<b>Total Units</b>	<b>16</b>				<b>Total Units</b>	<b>16</b>			

**Total Units: 124 min.**

**Notes:**

- [1] A minimum grade of C (2.0) is required in all Psychology courses.
- [2] A maximum of 40 upper division units in any one department (including PSYC) will be accepted toward degree requirements.
- [3] 3000 level PSYC electives: pre-req: PSYC 1000; 4000 level PSYC electives: pre-req: PSYC 2001, 2002, 2003
- [4] Students may not register for any PSYC course for a third time without written permission of the Department Chairperson and Dean of the College.
- [5] At least 16 units of upper division PSYC and 30 of the last 36 units must be completed at LMU.
- [6] Units for required major course(s) that also meet the core will be counted towards the major. This does not take into consideration a major elective course(s) that may meet both a major and core requirement(s). If two required areas are met by one course, the outstanding units must be met in the Elective units total.